

THE EEC EXPRESS!

JUNE 2012



**PROGRAMS & CLASSES
DETAILS INSIDE!**

THE GREEN LIFE: FOOD TIPS

YAPPY HOUR AT
VETERANS OASIS PARK - **FREE**



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Mayor Jay Tibshraeny and the Chandler City Council

SUMMER NATURE CAMPS

at the Environmental Education Center
at Veterans Oasis Park

The Environmental Education Center is located on the northeast corner of Chandler Heights and Lindsay roads.

CAMPS START JUNE 4
AND FILL QUICKLY, SO
REGISTER EARLY!

During our five-week summer camp, kids from 7-10 will explore the environment through games, activities, experiments, hikes, and crafts. Monday-Friday full-day and half-day sessions are available. Full-day campers must bring a sack lunch and drink for each day. Educational camp activities will begin each day at 8:30 a.m. and end at 4:30 p.m.

Environmental Education Center 4050 E. Chandler Heights Rd.	Week #1: June 4-8 Dinosaurs!	Week #2: June 11-15 First Peoples & Native Tribes	Week #3: June 18-22 Pioneers & Early Settlers	Week #4: June 25-29 The Wild West!	No camp the week of July 4.	Week #5: July 9-13 Arizona Today & Tomorrow
Resident Full Day: \$116 Non-resident Full Day: \$157 7:30 a.m.-5:30 p.m.	500EE.422	503EE.422	506EE.422	509EE.422		512EE.422
Resident Half Day: \$53 Non-resident Half Day: \$72 7:30 a.m.-noon	501EE.422	504EE.422	507EE.422	510EE.422		513EE.422
Resident Half Day: \$53 Non-resident Half Day: \$72 1 p.m.-5:30 p.m.	502EE.422	505EE.422	508EE.422	511EE.422		514EE.422

Register for this program by drop-off, mail-in or online registration at www.chandleraz.gov/breaktime.
Check Break Time for other summer programs offered at the EEC!

Veterans Oasis Park ❖ www.chandleraz.gov/veterans-oasis
EEC@chandleraz.gov ❖ 480-782-2890

Mayor Jay Tibshraeny & the Chandler City Council

Veterans Oasis Park
is open daily from
6 a.m. - 10:30 p.m.



JUNE 2012
Program Schedule
Environmental Education Center
at Veterans Oasis Park
4050 East Chandler Heights Road, 480-782-2890
www.chandleraz.gov/veterans-oasis



Chandler • Arizona
Where Values Make The Difference

EEC Hours:
Mon. 8 a.m. - 5 p.m.
Tue., Wed., Thur.
8 a.m. - 8 p.m.
Fri. 8 a.m. - 5 p.m.
Sat. 8 a.m. - 2 p.m.
Closed Sundays &
City Holidays

All programs require pre-registration & fees, unless otherwise noted.
All programs are subject to change or cancellation. Please refer to
page numbers in *Break Time* for complete class descriptions.
For details or availability check *Break Time*, or go online to
www.chandleraz.gov/registration, or call the EEC 480-782-2890.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4 SUMMER NATURE CAMP Full & Half Day options (p. 58) Yoga Flow 9-10 a.m. (p. 72) Mommy & Me Yoga 10:15-11 a.m. (p. 45)	5 Yoga Flow 6:30-7:30 p.m. (p. 72)	6 Acrylic Painting, part 1 6-7:30 p.m. (p. 61) Native American Beading 8:30 a.m. - 1:30 p.m. (p. 61)	7 Drawing for Beginners, part 1 6-7:45 p.m. (p. 61) Pilates, part 1 6:30-7:30 p.m. (p. 72)	1 Goofy Garden Fun! 10-11 a.m. (p. 42)	2 Yappy Hour! - FREE 7:30-8:30 a.m. (p. 77) Early Bird Nature Walk - FREE 7:30-9 a.m. (p. 77) Bug Bonanza: Ladybugs 10-10:45 a.m. (p. 42)
11 SUMMER NATURE CAMP Full & Half Day options (p. 58) Yoga Flow 9-10 a.m. (p. 72) Mommy & Me Yoga 10:15-11 a.m. (p. 45)	12 Yoga Flow 6:30-7:30 p.m. (p. 72)	13 The Green Life: Food Tips 5:45-7:45 p.m. (p. 68)	14 Drawing for Beginners, part 2 6-7:45 p.m. (p. 61) Pilates, part 2 6:30-7:30 p.m. (p. 72)	15	16
18 SUMMER NATURE CAMP Full & Half Day options (p. 58) Yoga Flow 9-10 a.m. (p. 72) Mommy & Me Yoga 10:15-11 a.m. (p. 45)	19 Yoga Flow 6:30-7:30 p.m. (p. 72)	20	21 Pilates, part 3 6:30-7:30 p.m. (p. 72)	22	23 Tortoise Care 101 9-10:30 a.m. (p. 68) Tortoise Time! 11-11:45 a.m. (p. 42)
25 SUMMER NATURE CAMP Full & Half Day options (p. 58) Yoga Flow 9-10 a.m. (p. 72) Mommy & Me Yoga 10:15-11 a.m. (p. 45)	26 Yoga Flow 6:30-7:30 p.m. (p. 72)	27 Pine Needle Basketry 8:30 a.m. - 1:30 p.m. (p. 61)	28	29	30 Meet the Creature 11-11:45 a.m. (p. 51)

PRESCHOOL CLASSES

BUG BONANZA!

Your little nature-lover will get a bug's-eye view of the world! We'll learn about bugs and their importance to our planet through fun games, arts and crafts, and story-time. June's theme is ladybugs. Fee is per child, with 1 unpaid adult permitted.

Instructor: Linda McCabe Supply fee: \$4
Resident fee: \$5 Non-resident fee: \$7
002EE.472 Sa 6/2 10-10:45 a.m. 3-6 yrs

GOOFY GARDEN FUN!

Join us on the first Friday of each month for some goofy garden fun! Learn gardening basics through crafts, games, experiments, songs, and more! Each month features a different concept of learning with a nature theme. Activities include vegetable painting, planting an edible plant and more! Fee is per child, with 1 unpaid adult permitted.

Instructor: Lalitha Krishnan Supply fee: \$3
Resident fee: \$6 Non-resident fee: \$9
007EE.462 F 6/1 10-11 a.m. 3-6 yrs

TORTOISE TIME!

In this interactive program, parents and children will enjoy discovering several different species of real, live tortoises! Learn the difference between turtles and tortoises. Get up close with these unique animals while learning about tortoise habitats, diet, and behaviors. Fee is per person. Children under age 3 are permitted free with a paid adult.

Instructor: Mike Russo
Resident fee: \$5 Non-resident fee: \$7
011EE.472 Sa 6/23 11-11:45 a.m. 3 yrs+

FREE FAMILY RECREATION

Registration for the following programs is NOT required, but large groups of 10 or more must call the EEC in advance: 480-782-2890. All participants under age 15 must be accompanied by an adult.

EARLY BIRD NATURE WALK

The habitats at Veterans Oasis Park are a haven for a variety of wildlife, especially birds and insects. Join a naturalist for a guided walk that explores the plants and animals of the park's desert and wetland habitats. Bring binoculars, water and wear good walking shoes and a hat. The walks are not fast-paced and the terrain is easy. There is a suggested \$5 donation to the EEC.

Instructor: Laurie Nessel of Maricopa Audubon Society
Location: Red-tailed Hawk ramada
Sa 6/2 7:30-9 a.m.

YAPPY HOUR AT VETERANS OASIS PARK NEW!

Come on out for a dog-friendly, guided hike through Veterans Oasis Park! View the lush wetlands of the park, as well as the arid habitats and wildlife of the Sonoran Desert. Learn important tips for keeping your furry friend healthy and safe while in the outdoors. Bring a leash, a plastic bag and water, and wear proper hiking footwear/ attire for a fun group hike with man's best friend! Dogs must be well-mannered, and per park rules, must be leashed at all times.

Instructor: EEC Volunteer
Location: Curve-billed Thrasher ramada
Sa 6/2 7:30-8:30 a.m.

ALL AGES

MEET THE CREATURE!

In this interactive program, children will get up close and personal with live animals while receiving a fun lesson in wildlife rescue and conservation. Each program features different animals. * **NEW POLICY:** Fee is per person. Children under age 2 permitted free with a paid adult.

Instructor: Lisa Limbert of Lisa's Creatures
Resident fee: \$5 Non-resident fee: \$7
900EE.472 Sa 6/9 11-11:45 a.m. 2 yrs+
901EE.472 Sa 6/30 11-11:45 a.m. 2 yrs+

FITNESS PROGRAMS

MOMMY & ME YOGA

This class is designed for adults and children to experience the benefits of yoga while enjoying time together. It blends fun and fitness with music, games, and basic yoga postures. Fee is per child, with 1 unpaid adult permitted. Bring a mat or beach towel.

Instructor: Jackie Pinho Instructor fee: \$24
Resident fee: \$7 Non-resident fee: \$10
600EE.422 M 6/4-25 10:15-11 a.m. 2-10 yrs

YOGA FLOW

This class is suitable for beginner and advanced practitioners alike. Emphasis will be on the basic yoga postures, but more advanced postures will be added as needed to challenge the students. This class includes meditation, strength, flexibility, and balance elements. Bring a mat or beach towel.

Instructor: Jackie Pinho Instructor fee: \$24
Resident fee: \$8 Non-resident fee: \$11
603EE.422 M 6/4-25 9-10 a.m. 12 yrs+
604EE.432 Tu 6/5-26 6:30-7:30 p.m. 12 yrs+



PILATES

Relax your mind and body in this fun class suitable for all fitness levels. Build a stronger core, improve posture, increase strength and flexibility. Learn exercises that you can perform anywhere without any special equipment or machines. Bring a mat or beach towel.

Instructor: Debra Crockett Instructor fee: \$24
Resident fee: \$8 Non-resident fee: \$11
609EE.452 Th 6/7-21 6:30-7:30 p.m. 16 yrs+

TEEN & ADULT CLASSES

ACRYLIC PAINTING – BEGINNER

Enjoy beautiful views while learning to paint at Veterans Oasis Park! Topics will cover all the basic elements needed to handle and create a painting with acrylic paint. Supply list provided (students bring their own supplies). No experience necessary, all levels welcome!

Instructor: Tony Meli
Resident fee: \$13 Non-resident fee: \$18
300EE.432 Tu 6/5-12 6-7:30 p.m. 18 yrs+

DRAWING – BEGINNER

Learn to draw at beautiful Veterans Oasis Park! Your drawing creation can be a foundation for a painting, or a work of art all its own. First session will cover materials and techniques followed by drawing exercises. Second session continues with completing a finished drawing. Supply list provided (students bring their own supplies). No experience necessary, all levels welcome!

Instructor: Tony Meli
Resident fee: \$14 Non-resident fee: \$19
302EE.452 Th 6/7-14 6-7:45 p.m. 18 yrs+

NATIVE AMERICAN BEADING

Discover the techniques of Native American beading! This class is presented by a master beader. Learn how to make beautiful jewelry and how to embellish clothing and much more with your own unique, artistic touch! Emphasis of this class will be the Peyote Gourd stitch. No experience necessary; all levels welcome.

Instructor: Cano Ramirez Supply fee: \$15
Resident fee: \$18 Non-resident fee: \$25
304EE.442 W 6/6 8:30 a.m.-1:30 p.m. 16 yrs+

PINE NEEDLE BASKETRY

Create your own unique pine needle basket in this introductory level class. This class is presented by a local native artist. No experience necessary; all levels welcome.

Instructor: Cano Ramirez Supply fee: \$15
Resident fee: \$18 Non-resident fee: \$25
305EE.442 W 6/27 8:30 a.m.-1:30 p.m. 16 yrs+

THE GREEN LIFE: FOOD TIPS NEW!

Want to eliminate pesticides from your diet, but don't know where to start? Don't want to buy all organic? No problem! Learn easy ways to incorporate healthier fruit and vegetables into your diet without spending a fortune. Create your own personal produce plan according to your budget easily and effectively!

Instructor: Amanda Vermillion Supply fee: \$3
Resident fee: \$9 Non-resident fee: \$13
309EE.442 W 6/13 5:45-7:45 p.m. 16 yrs+



TORTOISE CARE 101

Do you currently have a pet tortoise or are considering one in the future? This class is designed to give you all the basic information on how to successfully raise a pet tortoise. This fun and interactive program will give students a chance to see a variety of species of tortoises up close and personal. Children under age 13 are permitted free with a paid adult.

Instructor: Mike Russo
Resident fee: \$8 Non-resident fee: \$11
312EE.472 Sa 6/23 9-10:30 a.m. 13 yrs+

GREEN TEENS VOLUNTEERING

Teens who care about the environment can plan and implement unique, environmentally-based service projects. Project areas may include animal care, educational programs, recycling, composting, gardening and park clean-ups. Green Teens may also volunteer to assist with seasonal Nature Camps and other special events. Call 480-782-2894 for more information or download the volunteer application at: www.chandleraz.gov/veterans-oasis.

Tu 6/5-8/28 4-6 p.m. 14-17 yrs



Inside the Environmental Education Center

Featuring a unique selection of waste-free lunch items, books, plush animal puppets, and gifts for nature lovers of all ages.

Hours of Operation

Monday and Friday 8 a.m.-5 p.m.
Tuesday, Wednesday and Thursday 8 a.m.-8 p.m.
Saturday 8 a.m.-2 p.m.



For more information call 480-782-2890 or visit www.chandleraz.gov/veterans-oasis